



World Oyama Karate

1804 29th Avenue, Homewood, AL 35209 – (205) 879-4841 – www.worldoyama.com









2023 Children's Schedule

Build Confidence!

Learn Respect and Discipline!

Strengthen Body & Spirit!

	White Belt 	Blue Belt 	Yellow Belt 	Orange Belt 	Green Belt 	Brown Belt 
Monday	3:45 - 4:30	4:35 – 5:20 <i>Kata/Kihon</i>	4:35 – 5:20 <i>Kata/Kihon</i>	5:00 - 5:45 <i>Kata/Kihon</i>	5:00 - 5:45 <i>Kata/Kihon</i>	5:00 - 5:45 <i>Kata/Kihon</i>
Tuesday	4:45 – 5:30	3:35 – 4:20 <i>Kata/Kihon</i>	3:35 – 4:20 <i>Kata/Kihon</i>	4:00 – 4:45 <i>Kata/Kihon</i>	4:00 – 4:45 <i>Kata/Kihon</i>	4:00 – 4:45 <i>Kata/Kihon</i>
Wednesday		5:00 – 5:45 <i>Kumite/Kihon</i>	5:00 – 5:45 <i>Kumite/Kihon</i>	5:00 – 5:45 <i>Kumite/Kihon</i>	5:00 - 5:45 <i>Kumite/Kihon</i>	5:00 – 5:45 <i>Kumite/Kihon</i>
Thursday	4:45 – 5:30	3:35 – 4:20 <i>Kumite/Kihon</i>	3:35 – 4:20 <i>Kumite/Kihon</i>	4:00 – 4:45 <i>Kumite/Kihon</i>	4:00 – 4:45 <i>Kumite/Kihon</i>	4:00 – 4:45 <i>Kumite/Kihon</i>
Friday	* 4:30 - 5:15				3:45 – 4:15 <i>Weapons Class</i>	3:45 – 4:15 <i>Weapons Class</i>



World Oyama Karate is the oldest Karate school in the Birmingham area, having been here more than 40 years! Whether you want to lose weight, learn practical fighting strategies, or are just looking for something new, we can help meet your goals. Why not come by for a **free trial lesson** and see for yourself! Or, call **(205) 879-4841** for more information.

